

2010	2010
<p>1/10 – Meaningful Activities in Alzheimer’s & Dementia Care 2/10 – Our Biggest Killer - Heart Disease 3/10 – Good Nutrition for Healthy Body & Mind 4/10 – Alcohol & Drug Abuse In Seniors 5/10 – Mental Health 6/10 – Home Safety – Kitchen & Bathroom</p>	<p>7/10 – Hot Weather Safety 8/10 – Hospice Care 9/10 – Confidentiality - HIPAA or Hippopotamus? 10/10 – Liver Disease 11/10 – Lung Disease – Breathe Easier 12/10 – Controlling Infection</p>
<p>2009 1/09 – Vision Loss & Eye Care 2/09 – Handling Emergencies/ Heart Attack & Stroke 3/09 – Good Nutrition & Healthy Meals on a Budget 4/09 – Back Safety 5/09 – Loss, Grief & Depression 6/09 – Falls & Home Safety 7/09 – Abuse & Neglect 8/09 – Recognizing Pain or a Worsening Condition 9/09 – Better Communication 10/09 – Fire Safety 11/09 – The ABC Way to Understand Alzheimer's Behavior 12/09 – Universal Infection Precautions/ Handling Body Fluids</p>	<p>2008 1/08 – Safe Transfers 2/08 – Bathing, Sponge, Tub, or Shower 3/08 – Medication Assistance 4/08 – Safety at Home - Falls 5/08 – COPD 6/08 – Keep That Infection From Starting 7/08 – Pressure Sores & Skin Care 8/08 – Range of Motion 9/08 – Chronic Heart Disease 10/08 – Hepatitis and Chronic Liver Disease 11/08 – Handling Problem Behaviors – Distract & Redirect 12/08 – Incontinence & Personal Hygiene</p>
<p>2006 1/06 – Understanding Parkinson’s Disease 2/06 – Caregiving After a Stroke 3/06 – Why Worry About Frequent Handwashing 4/06 – Back Care - Oh My Aching Back 5/06 – Short Term Memory Loss 6/06 – Safety in the Bathroom 7/06 – Ready for an Emergency 8/06 – Boosting Food Intake When Appetite is Poor 9/06 – Alzheimer’s Wandering 10/06 – Loss, Loneliness & Grief 11/06 – Working (or Living) with Difficult People 12/06 – Medications & What To Ask The Doctor</p>	<p>2007 1/07 – Understanding Stroke – One Disease, Two Causes 2/07 – Diabetes – Special Care Needs 3/07 – Handling Problem Behaviors 4/07 – Travel with Mobility Challenges 5/07 – Preparing the Home for Caregiving 6/07 – Financial Abuse - Setting Boundaries 7/07 – Take Steps to Avoid Heat Stroke 8/07 – Why All the Fuss About Handwashing 9/07 – Practical Aids for Living 10/07 – Incontinence and Bowel Hygiene 11/07 – Mouth Care - Dentures 12/07 – Nutrition & the Elderly</p>
<p>2004 1/04 – A Safer Home Environment 2/04 – Oral Care 3/04 – Making an Occupied Bed 4/04 – Dressing 5/04 – Hallucinations 6/04 – Shampooing & Shaving 7/04 – Understanding Diabetes 8/04 – Home Accident Prevention 9/04 – Heart & Stroke Issues 10/04 – Being Heard & Being Understood 11/04 – Alzheimer’s & Dementia Care Activities 12/04 – Wintertime Safety</p>	<p>2005 1/05 – Transfers 2/05 – Dealing With Anger and Elder Abuse 3/05 – Grief & Depression 4/05 – Diet & Nutrition for the Elderly 5/05 – Reducing the Chance of Home Accidents 6/05 – Pain & Discomfort Management 7/05 – Summertime Safety & Travel 8/05 – The Plan of Care 9/05 – Emergencies 10/05 – Balance Problems 11/05 – Fire Safety 12/05 – Living Wills</p>
<p>2002 1/02 – Body Mechanics 2/02 – Hygiene – Keeping It Clean! 3/02 – Planning End-of-Life Healthcare 4/02 – Dementia, Alzheimer’s& Memory Loss 5/02 – Eating Right 6/02 – Equipment & Supplies 7/02 – Skin Care 8/02 – Incontinence 9/02 – Depression 10/02 – Transportation & Travel 11/02 – Getting In-Home Help 12/02 – Communicating with the Doctor</p>	<p>2003 1/03 – Wintertime Safety & Comfort 2/03 – Chronic Illness Decision Making 3/03 – All About Meds 4/03 – Consumer Fraud and the Elderly 5/03 – Family Communication 6/03 – Combative Behavior 7/03 – Summertime Safety 8/03 – Vision Care 9/03 – A Good Night’s Sleep 10/03 – Bathing & Foot Care 11/03 – Physical Therapy 12/03 – Making Mealtimes More Enjoyable</p>
<p>2001 9/01 – Communicating When Giving Care 10/01 – Coping With Caregiver Stress 11/01 – Frustration Fear/ Empowerment 12/01 – Safety, Safety, Safety</p>	
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